

SALAM

塞俩目国际餐厅

在黄昏的柔和光线中，越过那更远的城市，
the asparagus city starts to gradually growing.
Faraway numerous bells jingle across the desert,
carrying white silk to Xi'an.





塞俩目国际餐厅是一家致力于弘扬中国丝绸之路精神的交流平台和桥梁，融合了中国西域，坦桑尼亚以及阿拉伯的特色文化与美食。在这里，您不仅可以品尝到地道的西域风味，还能体验到来自坦桑尼亚及阿拉伯国家的特色美食，感受到多元文化的分享与交融。

我们以“行丝绸之路，品西域美食，会世界友”为宗旨，打造一个汇聚各国文化的交流平台。通过美食为媒介，积极构建中国与坦桑尼亚之间的经贸与友谊桥梁，我们希望能成为促进两国人民相互理解、加深友谊的重要纽带。在这里，不仅能享受美食，更能通过互动与交流，结交来自世界各地的朋友，感受到丝路文化与全球多元文化的深厚魅力。

Salam International Restaurant is a platform and bridge dedicated to promoting the spirit of China's Silk Road. It integrates the unique cultures and cuisines of China's Western regions, Tanzania, and the Arab world. Here, you can not only savor authentic flavors from the Western regions of China but also enjoy specialty dishes from Tanzania and Arab countries, experiencing the sharing and blending of diverse cultures.

With the mission of "Travel the Silk Road, Savor Western Flavors, Meet Friends from the World," we aim to create a platform for cultural exchange that brings together different nations. Using food as a medium, we actively build a bridge of trade and friendship between China and Tanzania. Our hope is to become an important link that fosters mutual understanding and deepens the friendship between the peoples of both countries. At Salam, you can not only enjoy delicious food but also connect with people from all over the world through interaction and exchange, experiencing the rich heritage of Silk Road culture and the profound beauty of global multiculturalism.

塞俩目人热烈欢迎您来到自己的家
Salam people warmly welcome you to your own home.



推开西域大门 享受丝路盛宴

Push open the gate of the Western Regions
Enjoy feasts along the Silk Road

边城暮雨雁飞低,芦笋初生渐欲齐。
无数铃声遥过碛,应驮白练到安西。

In the twilight and rain, geese fly low over the border city, the asparagus off shoots are gradually growing. Faraway numerous bells jingle across the desert, carrying white silk to Xi'an.

以西域菜·会世界友

WESTERN REGIONS DISHES FOR WORLDWIDE FRIENDS

丝绸之路向西伸展到了地中海。广义上丝路的东段已经到达了韩国、日本、西段至法国、荷兰。通过海路还可达意大利、埃及,成为亚洲和欧洲、非洲各国经济文化交流的友谊之路。

丝绸之路是历史上横贯欧亚大陆的贸易交通线,促进了欧亚非各国和中国的友好往来。中国是丝绸的故乡,在经由这条路线进行的贸易中,中国输出的商品以丝绸最具代表性。19世纪下半期,德国地理学家李希霍芬就将这条路上交通路线称为“丝绸之路”,此后中外史学家都赞成此说,沿用至今。

Silk Road

丝绸之路



The Silk Road stretched its way westward to the Mediterranean. The Silk Road in a more general had its east section extending to South Korea and Japan, and its western section reaching France and the Netherlands, And the marine part of the Road can also reached Italy and Egypt, making it a friendship road for economic and cultural exchanges between Asia, Europe and Africa.

As a historical trade route across the Eurasian continent, the Silk Road played its role in promoting friendly exchanges between Eurasian and African countries and China. China is the original place of silk, so silk was the most representative export commodity of China that trade through this Road. In the second half of the 19th century, German geographer Richthofen named this road transportation route the "Silk Road"; the theory was agreed by Chinese and foreign historians and the name has been used till this day.



开胃凉菜

Cold
Appetizer



Western-
region cuisine



我们只做西域最好吃的菜肴

We only make the best Western-region cuisine.



老酸奶

Chinese Hand
Made Yogurt

8,000 Tshs / 杯 Cup

25,000 Tshs / 公斤 Kg

Lao Suan Nai



盖碗茶

Chinese treadtinal tea

10,000 TSHS / 杯 Cup

Gai wan cha

老虎菜 A01
Mixed Vegetable Salad
12,000 TSHS/ 份 Dish
Lao Hu Cai



拍黄瓜 A02
Cold Cucumber
12,000 TSHS/份 Dish
Liang Ban Huang Gua



酸辣凉粉 A03
Sour Spicy Bean Jelly
12,000 TSHS/份 Dish
Suan La Liang Fen



凉拌秋葵 A04
Okra Salad
12,000 TSHS/份 Dish
Liang Ban Qiu Kui



酸辣苕皮 A05
Spicy Sour
Potato Noodle
12,000 TSHS/ 份 Dish
Suan La Shao Pi



洋葱拌木耳 A06

Onion With
Black Mushroom

12,000 TSHS/份 Dish

Yang Cong Ban Mu Er



凉拌三丝 A07

Mixed Shredded Salad
12,000 TSHS/ 份 Dish
Liang Ban San Si



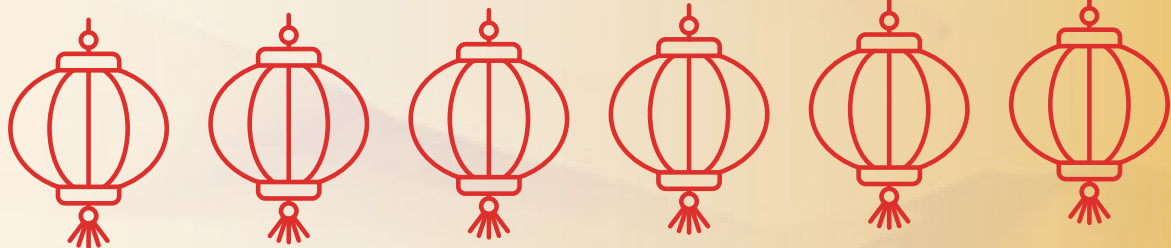
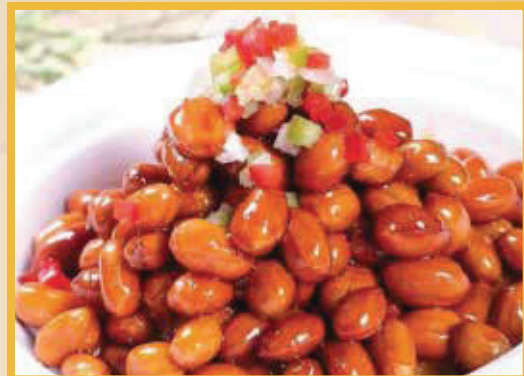
凉拌土豆丝 A8

Shredded Potato Salad
12,000 TSHS/ 份 Dish
Liang Ban Tu Dou Si



老醋花生 A9

Vinegar Peanut
12,000 TSHS/ 份 Dish
Lao Cu Hua Sheng





西北手抓羊肉 (混切) **A10**

CHINESE TRADITIONAL
LAMB CHOPS

58,000 Tshs / 500G
88,000 Tshs / 1000G

XI BEI SHOU ZHUA YANG ROU

精细切割 不用边角料

严格选材,味道香而不腥膻,满满羊肉香



精品羊肋条 **A11**

AAA CHINA TRADITIONAL MUTTON
EATEN WITH HANDS

68,000 Tshs / 500G
98,000 Tshs / 1000G

JING PIN LEI TIAO

新疆民族特色菜

Featured food of ethnic groups in Xinjiang

新疆味 **Xinjiang flavor**

它充分表现了新疆人民的风格、热情、健康，也包含了创始人对文化和智慧的理解。

It appropriately reflects the character of Xinjiang people's style, passion, health, and contains the founder's understanding of culture and wisdom.

新疆椒麻鸡 **A12**

Xinjiang Pepper Chicken

88,000 TSHS/ 份 Dish

Xin Jiang Jiao Ma Ji





凉拌牛肉 **A13**

COLD BEEF

25,000 Tshs /份 Dish

LIANG BAN NIU ROU



手工制作面食 妈妈的味道

Handmade wheaten Food
Mother's Taste



Western-
region cuisine



我们只做西域最好吃的菜肴

We only make the best Western-region cuisine.



饅 B01

NAAN

3,000 TSHS / 个PC

NANG

烤饅 B02

BBQ NAAN

4,000 Tshs / 个PC

KAO NANG

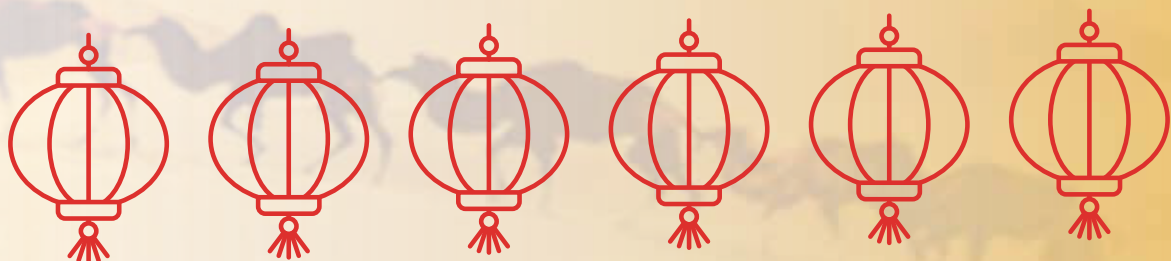
烤包子 **B03**
Xinjiang Backed Buns
4,000 TSHS/ 个 PC
Kao Bao Zi



河州包子 **B04**
Chinese Traditional
Steamed Beef Bun
20,000 TSHS/ 份 6 pcs
10,000 TSHS/ 个 3 pcs
He Zhou Bao Zi



西北小油香 **B05**
Chinese Traditional Bread
20,000 TSHS/ 份 6 pcs
10,000 TSHS/ 个 3 pcs
Xi Bei Xiao You Xiang



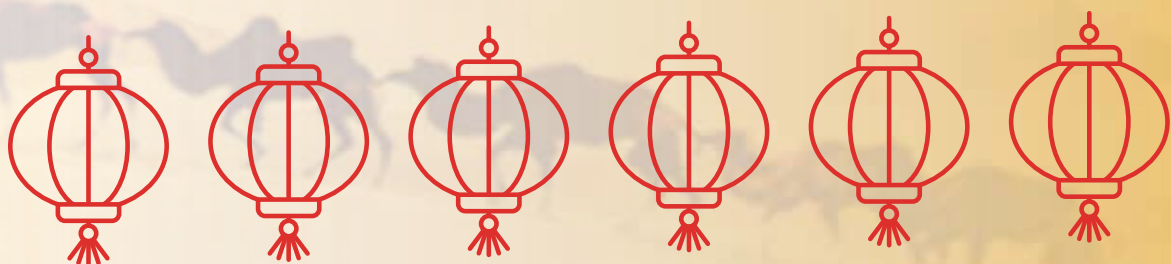
碎肉拌面 **B06**
Minces Meat
With Noodles
20,000 TSHS/ 份 Dish
Sui Rou Pan Mian



干煸炒面 **B07**
Stir Fried Beef Noodles
20,000 TSHS/份 6 Dish
Gan Bian Chao Mian



过油肉拌面 **B08**
Noodles With Fried Meat
20,000 TSHS/ 份 Dish
Guo You Rou Ban Mian



丁丁炒面 **B09**
Fried Noodles Chopped
20,000 TSHS/ 份 Dish
Ding Ding Chao Mian



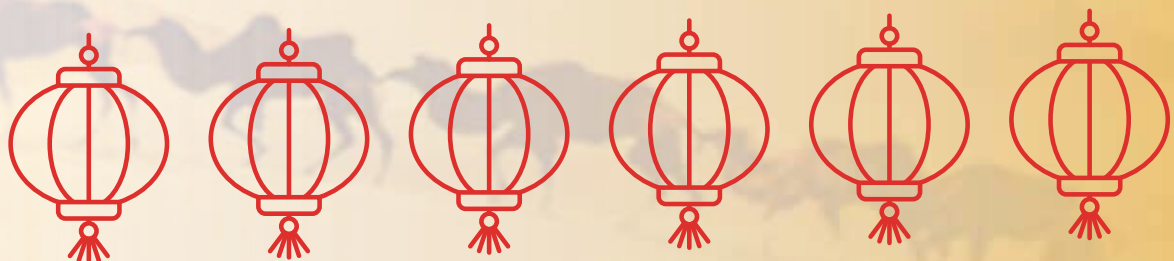
炒面片 **B10**
Stir Fried Noodles
20,000 TSHS/ 份 Dish
Chao Mian Pian



汤面片 **B11 - S**
Sliced Noodles in Soup
25,000 TSHS/份 Bowl
Tang Mian Pian (XIAO)



汤面片 **B11 - L**
Sliced Noodles in Soup
45,000 TSHS/ 份 Group
Tang Mian Pian (DA)





精品 热菜

Boutique
hot food



Western-
region cuisine



我们只做西域最好吃的菜肴

We only make the best Western-region cuisine.

金汤肥牛 C01

Golden Soup With Beef
45,000 TSHS/ 份 Dish
Jin Tang Fel Nin



木耳炒肉 C02

Sliced Beef with
Black Mashroom
25,000 TSHS/ 份 Dish
Mu Er Chao Rou



鱼香肉丝 **C03**

Stir-Fried Shredded Chicken

25,000 TSHS/ 份 Dish

Yu Xiang Rou Si



锅包肉(鸡肉) **C04**

Fried Chicken in Scoop

32,000 TSHS/份 Dish

Guo Bao Rou



新疆民族传统美食

Traditional local food of Xinjiang

新疆味 Xinjiang flavor

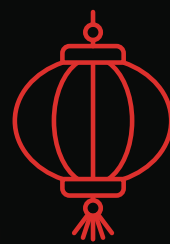
新疆地处高原，羊肉品质上乘，再搭配当地的香料，炖煮出的羊肉香气四溢，肉色白嫩，汤色清亮，最大限度的保留了羊肉独有的鲜香。

新疆羊肉汤 C05

Xinjiang Mutton Soup

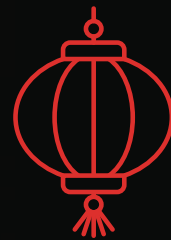
18,000 TSH/ 碗 Dish

Yang Rou Tang



新疆民族传统美食

Traditional local food of Xinjiang



新疆味

Xinjiang flavor

有朋友说 塞俩目带有中国西北、中非糙汉子的气息。
其实,他更想做一个暖男,在粗狂奔放的外表下,藏着贴心的味道,可以让您天天随换。

Some friends said that the Salam has the flavor of rough man in northwest China and central Africa.
In fact, he would like to be a warm man, hiding a sweet taste under his rough and wild appearance,
which make you enjoy every day.

新疆馕包肉 C06

Xinjiang Naan Mutton

52,000 TSH/ 份 Dish

Nang Bao Rou

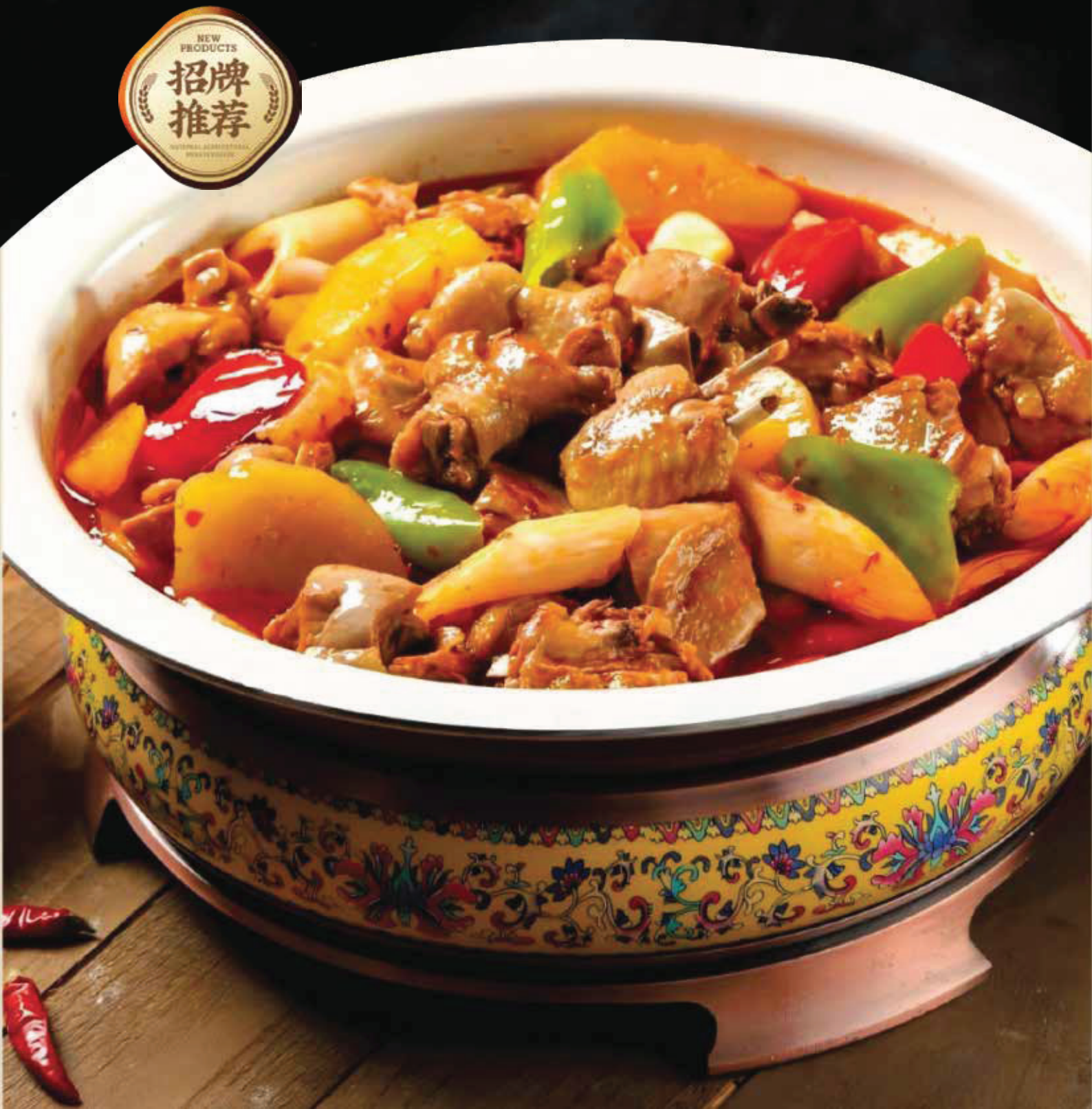


新疆大盘鸡 C07 - L

Xinjiang Spicy Chicken
88,000 TSH/ 份 Dish
Da Pan Ji (DA)

中盘鸡 C07 - S

Xinjiang Spicy Chicken
52,000 TSH/ 份 Dish
Zhong Pan ji (XIAO)



铁板孜然牛肉 **C08**
Beef With Cumin Served
On Sizzling Iron Plate
32,000 Tshs/份 Dish
Tie Ban Zi Ran Niu Rou



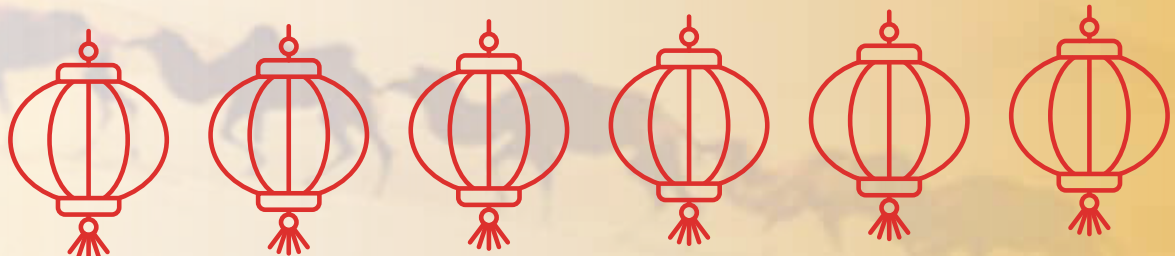
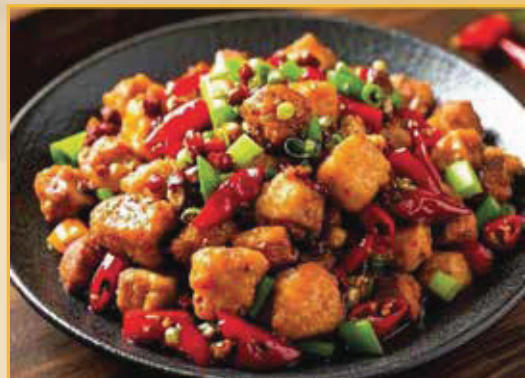
铁板鱿鱼须 **C09**
Squid Served On
Sizzling Iron Plate
28,000 TSHS/ 份 Dish
Tie Ban You Yu Xu



铁板羊腰 **C10**
Sheep kidney served On
Sizzling Iron Plate
30,000 TSHS/ 份 Dish
Tie Ban Yang Yao



鲜椒鸡 **C11**
Chinese Crispy Chicken
38,000 TSHS/份 Dish
Xian Jiao Ji

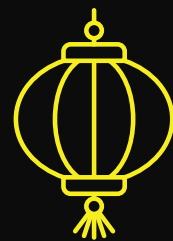


菠萝咕咾肉(鸡肉) **C12**

Sweet and Sour Chicken with Pineapple

42,000 TSH/ 份 Dish

Bo Luo Gu Lu Rou





干煸辣子鸡 **C13**

Chinese Crispy
Spicy Chicken

42,000 TSHS/份 Dish

Gan Bian La Zi Ji



粉条炒肉 **C14**

Fried Vermicelli
with Mixed Beef

18,000 TSHS/ 份Dish

Fen Tiao Chao ROU



金沙鱼 C15

Grilled Fish

32,000 TSH/ 份 Dish

JIN Sha Yu

鱼

The golden sand fish multiple textures of was crispy, and the crunch and tenderness in the same mouth as the fish were wonderful.

金沙黄花鱼酥脆与鱼肉
同入口、脆脆嫩嫩的多重口感
真是太美妙了。





红烧鱼 C16

Braised Fish

35,000 TSHS/份 Dish

Hong Shao Yu



黄金带鱼 C17

Grilled Hairtail

32,000 TSHS/份 Dish

Huang Jin Dai Yu



烤鱼(石斑鱼) **C18**
GRILLED SPICY FISH
88,000 TSHS / 盘 Plate
KAO YU





松鼠鱼 **C19**

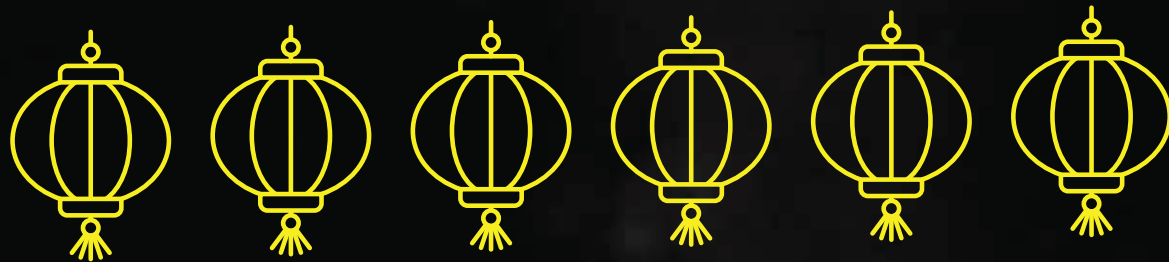
Sweet and Sour Fish
32,000 TSHS/份Dish
Song Shu Yu



酸菜鱼 **C20**

Sauerraut Fish
52,000 TSHS/份Dish
Suan Cai Yu





麻麻鱼 **C21**

CHINESE SPICY FISH

42,000 TSHS / 份 Dish

MA MA YU





爆炒羊杂 **C22**

Fried Lamb Haggis
with Chinese Spices
30,000 TSHS/ 份 Dish
Bao Chao Yang Za



羊杂汤 **C23**

Chinese Lamb
Haggis Soup
30,000 TSHS/ 份 Dish
Yang Za Tang



爆炒羊肚 **C24**

Stir-fried Sheep Stomach
38,000 TSHS / 份 Dish
Bao Chao Yang Du

椒麻酥羊排 **C25**

CRISPY LAMB CHOPS JIAO
MA SU YANG PAL

小 **S 58,000 TSHS / 500g**
大 **L 98,000 TSHS / 1Kg**



新疆民族传统美食

Traditional local food of Xinjiang

新疆味

Xinjiang flavor

新疆架子肉 **C26**

Xin Jiang Crispy Lamb Chops

98,000 TSHS/ 份 Dish

Xin Jiang Jia Zi Rou



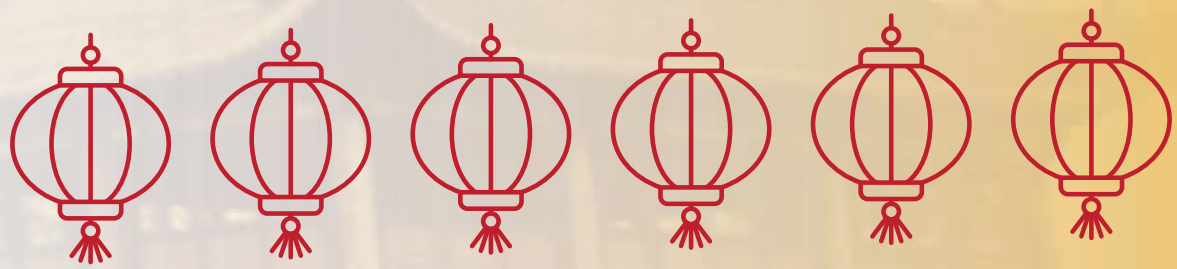


爆炒羊棒骨 C27
Stir - Fried Lamb
Shankbones
22,000 TSHS/份 Dish
Bao Chao Yang
Bang Gu



铁板茄子 C28
Stir - Fried Lamb
22,000 TSHS/份 Dish
Tie Ban Qie Zi





CHOOSE YOUR CRAB



香辣蟹 C29 A

Sichuan Spicy Crab

58,000 TSHS/份 Dish

Xia La Xie

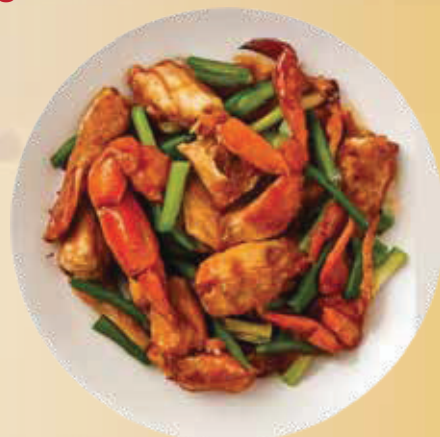


避风塘炒蟹 C29 B

Bi Feng Tang Style Crab

58,000 TSHS/份 Dish

Bi Feng Tang Chao Xie



葱姜炒蟹 C29 C

Stir-Fried Crab

W/Scallion & Ginger

58,000 TSHS/份 Dish

Jiang Cong Chao Xie

薯条香辣虾 C30

FRIED PRAWNS WITH CHIPS

48,000 TSHS / 盘 Plate

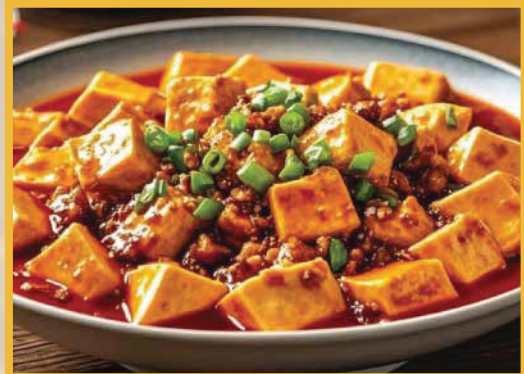
SHU TIAO XIANG LA XIA



家常豆腐 C31
Homestyle Tofu
20,000 TSHS/份 Dish
Jia Chang Tu Fu



麻婆豆腐 C32
Chinese Chili Douf
20,000 TSHS/ 份 Dish
Ma Po Dou Fu



砂窝豆腐 C33
Clay pot Tou Fu
20,000 TSHS/ 份 Dish
Sha Wo Dou Fu



灵魂汁子羊头 C34
Soul Sauce Lamb Head
68,000 TSHS/ 份 Dish
Ling Hun Zhi Yang Tou



蒜香鸡 C35
Fried Garlic Chicken
38,000 TSHS/半只 Half
68,000 TSHS / 整只 Full
Suan Xiang Ji



鸡蛋醪糟 C36

Egg With Sweet Rice Soup
S 18,000 TSHS/ 份 Dish
L 38,000 TSHS / 份 Dish

Ji Dan Lao Za



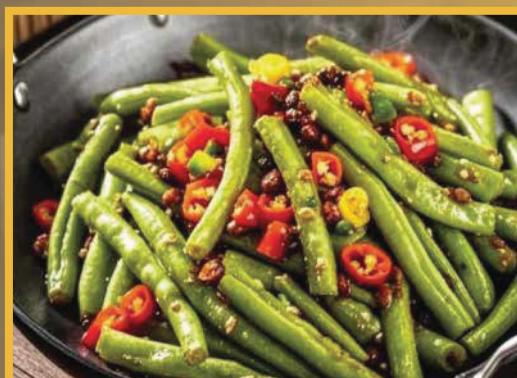
西湖牛肉羹 C37

Minced Beef Soup
18,000 TSHS/份 Dish
Xi Hu Niu Rou Geng



干煸四季豆 C38

Fried Green Beans
18,000 TSHS/ 份 Dish
Gan Bian Si Ji Dou



手撕包菜 C39

Homestyle
Hand-Torn Cabbage
18,000 TSHS/ 份 Dish
Shou Si Bao Cai



酸辣土豆丝 C40

Spicy Sour
Potato Noodle
12,000 TSHS/ 份 Dish
Suan La Shao Pi



金沙玉米粒 C41

Golden Fried
Sweet Corn

18,000 TSHS/ 份 Dish

Jin Sha Yu Mi Li



酸辣大白菜 C42

Hot and Sour
Chinese Cabbage

18,000 TSHS/ 份 Dish

Suan La Da Bai Cai



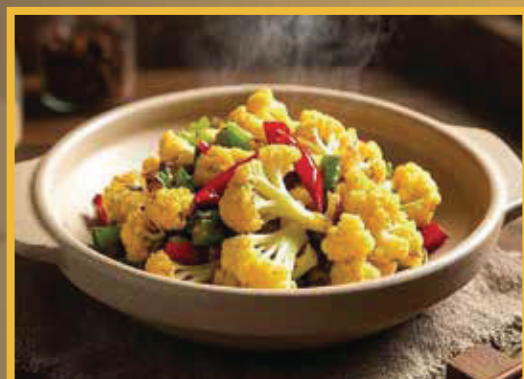
呛锅土豆片 C43

Dry Spicy Potatoes
18,000 Tshs/ 份 Dish
Qiang Guo Tu Dou Pian



干锅菜花 C44

Dry Pot Cauliflower
18,000 TSHS/份 Dish
Gan Guo Cai Hua



韭菜炒鸡蛋 **C45**
Scrambled Eggs with Leek
12,000 TSHS/份 Dish
Jiu Cai Chao Ji Dan



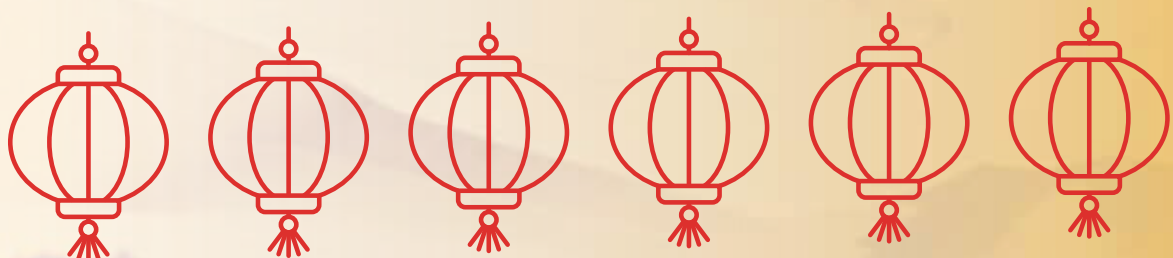
西红柿炒鸡蛋 **C46**
Tomatoes with
Scrambled Eggs
12,000 TSHS/份 Dish
Xi Hong Shi Chao Ji Dan



小白菜 **C47**
Fried Baby Cabbage
12,000 TSHS/份 Dish
Xiao Bai Cai



蒜蓉西兰花 **C48**
Garlic Broccoli
12,000 TSHS/份 Dish
Suan Rong Xi Lan Hua





新疆抓饭 **C49**

Xinjiang Pilaf

22,000 TSHS/份 Dish

Zhua Fan



蛋炒饭 **C50**

Egg Fried Rice

12,000 TSHS/ 份 Dish

Dan Chao Fan



白米饭 **C51**

Plain Rice

3,000 TSHS/ 份 Dish

Bai Mi Fan

菠萝海鲜炒饭 C52

PINEAPPLE SEAFOOD FRIED RICE

28,000 TSHS / 份 Dish

BO LUO HAI XIAN CHAO FAN





西域 烧烤

Barbeque



Western-
region cuisine



我们只做西域最好吃的菜肴

We only make the best Western-region cuisine.

烤羊肉串 D01

ROAST LAMB LOIN

5,000 TSHS / 串 Each

KAO YANG ROU CHUAN





烤腰子 D02

Roast Lamb Kidney
6,000 TSHS/串Each
Kao Yao Zi



烤羊肝D03

Roast Lamb Liver
6,000 TSHS/串Each
Kao Yang Gan

丝路金典烤全羊

SILK-ROAD CLASSIC
ROASTED WHOLE LAMB

480,000 TSHS / 只 Whole D04 L
240,000 TSHS / 半只 Half D04 S





For Any Inquiries Please Contact:-

0679 599 999



Scan **QR CODE** to
Follow Us on
Instagram

It's All About The Taste